

9/21/23: Vaccine: Everyone is encouraged to get the updated vaccine (2023-2024). The vaccine has been proven effective in significantly reducing severe outcomes of Covid-19 disease including hospitalization, death and post viral syndromes. Please access [vaccine.gov](https://www.vaccine.gov) for further info. As always, if you do receive the vaccine, please let the office know. If you would like to opt out of text messages, please call 570-385-2818